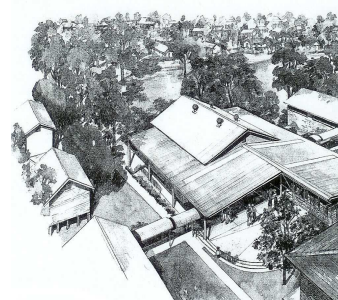




TELARAH PUBLIC SCHOOL NEWSLETTER



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Relieving Principal: Mr John Millburn

Term 3, Week 4

9th August 2010

Many of Life's Lessons are Learnt on the Sporting Field

This week at Telarah, we have the whole school sports day on Monday, the Rugby League Pickers Cup and the PSSA soccer game on Tuesday and the Zone Athletics Carnival on the Friday.

With so much sport happening across the school, it is timely to reflect upon the role of sport in a child's development.

Many psychologists agree that sport plays an important role in a child's development. Learning how to win graciously, learning how to lose graciously and learning how to play the game with good sportsmanship are important lessons in life. We can't be winners all the time and we can't be losers all the time. Sport helps children to deal with the ups and downs of life and so helps them to be more resilient in the face of hardship, teasing and adversity.

Learning to work as part of a team, to rely on others and to value your own contribution are the keys to a successful life.

Kids playing sport helps them to mature into good citizens of the 21st Century.

That Telarah offers so many sporting opportunities is commendable.

Congratulations to our Award Winners

Last week, Telarah had a number of people who were recognised for their outstanding contributions to the school and community.

Congratulations to;

Jim Wiblen

Excellence in Leadership

Janice Fleming

Excellence in Teaching.

Sue Jarrett

Excellent contribution by a Non Teaching staff member.

Katherine Bowyer

Excellent contribution by a community member.

Emily

Excellent contribution by a student.

Quick Smart

Outstanding results in students numeracy outcomes.

Lauren Davis who worked so hard. The children really enjoyed the experience and learned a lot about the countries and culture of the Commonwealth Games which will be occurring later in the year. Great Job.

Thank you to all who made the day a great success.

P&C Plea

A small, yet interested group of parents met on Tuesday morning for the P&C Meeting.

It was decided at this meeting to move the remainder of the meetings to the evening. This was done to hopefully increase the number of parents able to come along.

The P&C is a vital part of the school community.

If you can make it, you are more than welcome to attend.

Times and dates to be advised.

Welcome Mr Rob Farley

Our new School Education Director, Mr Rob Farley, visited Telarah today. He was most impressed by the student manners and enthusiasm.

Well done Telarah kids.....

Phones Reminder

A reminder to all students and parents that the policy on mobile phones is that they are either handed in at the office for safe keeping or out of sight during the school day. That are not needed at school and must not be used during school times.

DATES to REMEMBER

Week 4

August 9

Commonwealth Games Sports Day

August 10

Rugby League Pickers Cup

PSSA Soccer Knockout

August 11

Musica Viva

AASC Sports Day

Performing Arts Festival rehearsal and Performance

August 13

Zone Athletics

Week 5

August 18

Newcastle Permanent Maths

Week 6

BOOK WEEK

Commonwealth Games Day a great success

What a wonderful day we had today with the Commonwealth Games Special Sports Day. Many thanks to Leanne Taylor and

ASSEMBLY AWARD WINNERS - TERM 3 WEEK 3

KD	Jessica, Addison	1K	Kaj, Nicole
K\$	Ebony, Dylan	1O	Bhodi, Kiera
KT	Madison, Blake	1-2J	Scott, Jessica
1B	Jasmine, Kell	2H	Tahlia, Kyle
1F	Ruby, Sam	2N	William, Danyella

CLASS AWARD - 2H

We Love Book Week

Well it's that time of year again! Book Week festivities will be held all week beginning August 23rd in our Library. Our annual Book Fair will begin Monday 23rd August and will be open the whole week so everyone is invited to come up to the library, look at the displays and browse and buy a book to take home or even donate to the library.

The Book Week theme this year is "Under the story bridge" and students are again being encouraged to enter the Book Week competitions. Pre-school to year 2 children will have the opportunity to enter a colouring in competition, while Year 3-6 students can create a poster on A4 paper based on the Book Week theme. Be creative and have some fun!

At the same time we will be holding a second hand book stall, with books starting from 20c. Great bargains are to be seen on this table.

Musica Viva Concert Looks Fantastic

Our Musica Viva Concert on Wednesday is at 9.30am and all parents are invited to attend at no cost. We hope that many of you will take the opportunity to be there.

Reading With Your Child is the Best

Our next Read With Me morning is Wednesday, August 25th. Come and read with your children from 9.20 to 9.40 in their

classrooms. Then take the chance to have a look at the Book Fair in the library.

Our P&C Makes a Difference

Tea towel Money is due on Friday 13th August.

The tea towels will be here approximately 2 to 3 weeks from then.

We are still collecting recipes for the School Recipe Book. Choose your families favourite recipe and bring it in!

Our Canteen is a Healthy Canteen

Remember the New Price List

Don't forget to check it before filling out Lunch Orders.

If you don't have a new updated copy, they are available from the office and the canteen.

Shop till you Drop!

Last chance for the Shopping Trip We still have a couple of seats left.

Last days to pay deposit.

Cancer Council Takes the Lead

We need Maitland parents/carers.

Get your kids to eat their vegies and help reduce cancer risk in your community. How?

Enrol in our study

Great feedback from parents who have already attended.

Enrolments must close on :
Wed 11th Aug .

You may have seen the Eat It to Beat It Cooking Demos in Stockland Greenhills Shopping Centre. Did you

taste the delicious food samples?

Following on from this successful event, we want to attract Maitland parents to enrol in our nutrition study. Help your family and your community, all at no cost.

Research shows that eating enough fruit and veg might be *the single most important change* needed to improve health and reduce the risk of disease.

This study is about increasing fruit and vegetable intake in your family.

What do you need to do? Complete two sets of questionnaires and attend one 90 minute *Fruit & Veg Sense* session. There will be 2 sessions held in Maitland – 1 in August and 1 in September.

Find out how many serves of fruit and veg adults and children should eat each day, how much a 'serve' actually is and how achievable 5 vegie serves can be, plus valuable strategies for 'fussy eaters'.

To participate, please contact the Cancer Council Research Hotline on 4923 0710 and leave your name & contact phone number. Alternatively, send an email to eatittobeatit@nswcc.org.au. We will then contact you to confirm your place in the study.

From the *Eat It To Beat It* team of Cancer Council NSW.

**Kindergarten
Stage 1
Public Speaking**

The Kinder and Stage 1 Speak-Off will be held in the hall on Tuesday (tomorrow), In the hall at 12.30.

Students who win this competition will compete on Thursday in the district Public Speaking Competition.

If you are one of the winners, please refer to the District Public Speaking Competition note in the newsletter.

School Uniforms Look Great

Just a reminder. Our Uniform Shop is open Monday to Thursday from 8.30 until 9.00am. Plenty of warm clothes available for these cold winter days.

**Thank You
Highway Ford**

We would like to thank Highway Ford at Rutherford for their generosity. They have once again made a generous donation to Telarah Public School. We hope you can support them in any way you can.

Let's Join Little Athletics

Rutherford Little Athletics
Registration Dates:

18th & 25th August
Maitland City Bowling Club
Between 6.00pm & 7.30pm

OR

4th September
Max McMahon Oval,
Weblands St Rutherford
Between 9.30am & 11.30am

For enquires check the sign at the school office or call:

Simon 4932 1397 or
Sharon 4932 6588

MAITLAND BLUE LIGHT MONTHLY DISCO

**Friday 13th August
6.30pm till 9:30pm**

Lots GIVE AWAYS

COST \$5.00

Venue:



13 YEARS & UNDER ONLY

(Children over this age will not be admitted!)

Children must be picked up from inside the door of disco by an adult!!

Parents most welcome to stay

**DRUG & ALCOHOL FREE ENVIRONMENT
RUN UNDER NSW BLUE LIGHT RULES & SUPERVISION
Contact Maitland Bluelight : David 0408680709 & Peter 0408224422**

ASHTON ENTERTAINMENT PRESENTS CIRCUS CIRCUS

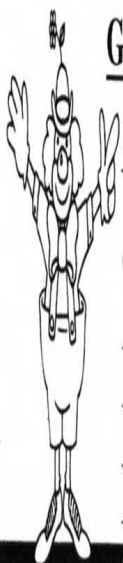
Maitland Showground
19th to 22nd August 2010.

SHOWTIMES

Thurs 19th 7pm
Fri 20th 7pm
Sat 21st 4pm & 7pm
Sun 22nd 11am last show

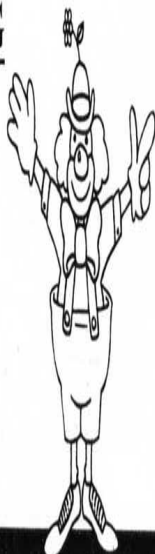
GRANDSTAND SEATING

ADULTS. \$25
CHILD. \$10
PEN. \$20
FAMILY \$60



RINGSIDE CHAIRS

ADULTS. \$30
CHILD. \$15
PEN. \$25
FAMILY \$80



Info / bookings 0407120953

★ Child : 2 to 15 years ★ Family: 2ad&2ch ★ Pen: concession card

★ Box office opens 10am on Show days ★ Big Top heated

No eftpos on site ★ No booking fee ★ No need to have credit card to book