



Our mission is to provide children with...

- a love of learning
 - a pride in achievement
 - a respect for themselves and others
- ...in a safe and happy environment*

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2012 Calendar

26 October	Ladies Night
30 October	Kindergarten Beach Excursion
31 October	Kinder 2013 Information Evening
2 November	Choir Excursion to Newcastle
6 November	Christmas Disco
7 November	Kinder 2013 Orientation
8 November	Year 7 2013 Information Session
14 November	Kinder 2013 Orientation
21 November	Kinder 2013 Orientation
7 December	P&C Christmas Raffle Drawn
10 December	Yr 6 Farewell
14 December	Presentation Day

Welcome Back

We say this every term but this term is certainly a busy one. To help everyone to be organised we are providing you with an A3 size copy of a calendar with this week's newsletter.

You will see all of the activities that are planned so far on the calendar, there may be some additions. Where possible we have indicated how much they will cost or at the very least an approximate cost based on how much it did cost previously.

Please stick this calendar on the fridge and add any of your own activities that you and your family are undertaking as we move toward the hectic end of year and Christmas celebrations.

School Uniform

Earlier in the year I conducted a survey about the school uniform in partnership with some parents as representatives of our schools Parents and Citizens Association. What we discovered was that there is not a real catalyst for major changes of the uniform at this point in time and that we really need to clarify what the schools policy on appropriate uniform is. It is detailed in the school handbook that is reviewed annually and will

be available on the schools website if anyone would like a copy.

The uniform is fairly simple and the current policy allows for parents and caregivers to make some choices about what they think is most appropriate for their children within the schools guidelines. We need our children to be dressed suitably for physical activity at all times and in a way that reflects positively on the image of the school.

Current guidelines for **summer uniform** are below.

Boys: School polo shirt/dark green polo shirt with school logo on it with either dark green or grey shorts. White socks and joggers or black school shoes. Please ensure that shoes are appropriate for physical activity.

Girls: school polo shirt/dark green polo shirt with school logo on it with either dark green or grey shorts or skorts. Girls also have the option of a school tunic (green and white check), we are investigating options for the supply of these at the moment. White socks with joggers or black school shoes.

All students need to have a hat to be able to play in the playground in terms 1 and 4 as per our sun safe policy. A broad brim green school is preferred but not compulsory at this stage.

Sport Uniform: school polo shirt/dark green shirt, dark green shorts for boys and dark green shorts or skorts for girls. White socks and joggers are appropriate for both girls and boys.

One of the biggest issues with our uniform is the number of different coloured jumpers our students wear when it is cold. Next year we will be adding a new type of tracksuit jacket to the uniform that will hopefully encourage more students to wear an appropriate jacket.

Cloth school badges are available from the uniform shop which is located in the old school residence and open Monday to Thursday from 8.30am to 9.00am.

State Primary Principals Conference

Next week I will be attending the NSW Primary Principals Association (PPA) Annual Conference and will be away from school from Wednesday to Friday. Mr Debenham is Relieving Principal whilst I am away. The agenda for the conference is extremely topical as through Local Schools, Local Decisions our education system is currently in the most significant change period in the last 20 years and this is a great opportunity to keep up to date with the current research and trends in education across the world.

Active After School Sports

Our school will once again be holding Active After School Sports for Term 4. Tuesday afternoon Year 3-6 students are offered tennis (commencing 23 October). Thursday afternoon students from Year 1-6 are offered netball / ball sports (commencing 25 October). These sports run from 3.15 – 4.15pm. All children will also receive a healthy afternoon tea. Please complete the note attached and return to the front office as soon as possible.

Ladies Night – 26 October 2012 at 7.00pm

On Friday 26 October our P&C will be hosting a “Ladies Only Night” in our old school library. Money raised will go towards our school as well as \$1 from each entry being donated to Maitland Children’s Hospital Ward. Supper will be provided as well as displays from numerous stores. Entry is \$10 per person. Please see the front office for a note if you have not already received one. Please RSVP by Wednesday 24 October.

Preschool News

Welcome back to a busy last term at Preschool. As part of our Transition to School planning we are changing our lunch routines at Preschool. We are bringing our lunchtime forward to 11.10am. This matches the school lunch time and sometimes we will have our lunch up at the main school with big school children. It will be exciting to see some of our family in the playground. Because of this change we will have an afternoon tea time. Could you please add a healthy food choice in your child’s lunch box to have in the afternoon. Most children already have this part of their lunch at the moment and we would like to thank our families for their commitment to providing nutritious lunches for their children. Please see the staff about our changes if you have any concerns. A pamphlet about healthy food choices is next to the sign on book.

Looking forward to an exciting term!
Preschool Staff

P&C Christmas Raffle

Students will receive today our P&C Christmas raffle tickets. Tickets are \$1 each.

1 st Prize	\$250 Coles Gift Card
2 nd Prize	\$100 Gift Voucher at Hunter Valley Gardens
3 rd Prize	Family Pass to Hunter Valley Zoo

Please return all raffle tickets to the front office by Friday 7 December at 1.00pm. If you require more raffle tickets, please see the front office.

School Disco – 6 November

On Tuesday 6 November our P&C will be holding a Christmas disco in our school hall. The disco will commence from 4.30pm and go to 7.30pm for all students from Preschool to Year 6. There will be a sausage sizzle as well as the canteen selling drinks, lollies and glow sticks etc. The cost per entry is \$2 per student. There will also be a visit from Santa! Hope to see you there.

Kindergarten Beach Excursion

A letter was sent home earlier this week regarding the Kindergarten Beach Excursion on Tuesday 30th October. Can you please return the permission note and money to your teacher before Friday 26th October.

Choir Excursion to Newcastle

Our members of the school choir will be going on an excursion to Hunter School of Performing Arts, Broadmeadow on Friday 2nd November. A note has been sent home regarding this excursion. Could you return the permission note and money to Mrs Carratt as soon as possible.

Kindergarten 2013

We are taking names for next year’s Kindergarten classes. Please give your details to the office and tell any neighbours or friends who have children starting school next year to come up to school and put their names down. Orientation will begin in late October.

School Musical

“The Olympics 2012” was a wonderful event and the Telarah Public School Musical celebrated the spirit of the Olympics in terrific style, too!

Audience members must have thought that they were in London, as they watched the TV commentary team introduce all the amazing sports and fabulous athletes! We were thrilled by the swimmers, gymnasts, weight lifters, track and field athletes, skateboarders, basketball players – not to mention the spectacular Opening and Closing Ceremonies as we all “Dared to Dream” of what can be achieved through effort and team work.

Thanks to all the community members who came to see our Musical. The children loved performing for you and we know that you appreciated their hard work and the exciting Musical they produced together!

Mrs Carratt



Orientation for Kindergarten 2013

Orientation letters with times and groups will be posted today and please let the office know if you do not receive your letter by the end of the week.

Dates for Kinder Orientation are as follows:

- Parent welcome and information night and BBQ will be held on Wednesday evening, 31 October starting at 5pm.
- The children will come in for three orientation sessions, Wednesday 7 November, Wednesday 14 November and Wednesday 21 November. More details will be posted out next term.

Please put these dates in your diary and let neighbours and friends know if they have a child ready to start school next year.

Preschool Enrolments

Application for enrolment at our fabulous preschool close shortly. Don't miss out on getting on the list. Please tell neighbours and friends who have children who may be ready for preschool next year.

Year 7 2013 – Parent Information Session Rutherford Technology High School

A parent information session will be held on Thursday 8 November between 2pm – 3pm for all parents of children who will be attending Rutherford Technology High School next year. More details to follow.

Bus Pass – Year 3 2013

Any student in Year 2 this year who has a bus pass will have to reapply for a bus pass for next year. Please see the office for a bus application form.

P&C Dates to Remember

9 October	P&C Meeting
6 November	School Disco
13 November	P&C Meeting
11 December	P&C Meeting
12 February 2013	P&C AGM Meeting
Please note that all P&C Meetings are held at 7.00pm in the old library.	

Gardening News

Our new gardens have almost been filled thanks to the hard work of Mary, Jenny, Clay and Mrs Sherlock. A new gardening group has been formed with students from Years 3-5 and they will work on the gardens on Monday and Thursday lunchtimes. We now need to get a committee together to help plan what to plant and to work out how we will manage the vege gardens over the holidays. There will be a short meeting after school on Tuesday October 23rd in the Special Programs Room in the new library at 3.20pm. Please come along if you are interested.

Mrs Kelly

Year 7 entry into Selective High Schools in 2014

If you would like your child to apply for selective high school placement in Year 7 in 2014, you need to do so soon.

A letter will be going home with the Year 5 students today with instructions on how to apply. Could you please fill in the form and return the tear off slip to the office by next Friday.

Monday Night is Nit Night!

Remember Monday night is nit night where we ask parents to check your child's hair for head lice. If you find any lice please treat your child's hair immediately before they return to school

TELARAH LADIES NIGHT

**Raising funds for the school and the
Children's ward at Maitland Hospital**

Supper provided Strictly 18+ NO CHILDREN

ON HAND WILL BE:

*Lorraine Lee Linen *Body Shop *Oasis Homewares
*Undercover Wear *Woof and Hoot *Liquour Tasting
*Crafty Manda's Soy Wax Candles *Jewellery
*Hand Massage & Nails Painted for a gold coin
Donation *Raffles & Lucky Door Prizes on the night
& Lots More

When - Friday 26th October 2012

Time - 7pm til 10pm

Where - Telarah Public School Hall

Cost - \$10.00pp

R.S.V.P - Thursday 25th October 2012

CONTACT - KYLIE ph: 0420943336
FOR MORE DETAILS



The Mutual
BANK@school
www.mightymutuals.com.au

Every Thursday

Please be reminded that Bank@School continues each Thursday at the school. Students can make their deposits by placing their passbooks in the secured school banking box at the School Office. At the allocated time a Mutual representative will arrive to process transactions. Any students not currently enrolled in Bank@School should see the office for an application.



Sport and Recreation's Swim and Survive starting soon

Australian summers usually involve plenty of fun in and around the water, but no parent can forget how important it is to make sure children stay safe.

Sport and Recreation's Swim and Survive classes for preschoolers and school-aged children help youngsters learn important ways to be safe and enjoy our pools, rivers, beaches and lakes.

The intensive nine-day programs give wonderful results, and are great fun as well! Plus, family discounts make our program affordable for all the children in the family.

Sport and Recreation runs Swim and Survive classes in pools throughout regional NSW, including somewhere near you.

Our instructors are nationally qualified and screened for their suitability to work with children.

Prices for nine lessons are \$63 for school-aged children and \$46 for preschoolers (prices exclude pool entry fee).

For more information or to make a booking, phone 13 13 02 or visit www.dsr.nsw.gov.au



Office of
Communities
Sport & Recreation

Rally for ALBY!



Fun Day full of family activities.

Sat November 17th 2012

11am Start

Maitland Ex-Services Club (The Tin Hut)



Car & Bike Show and Shine

Stall Holders

Jumping Castle/ Amusements

Raffles/ Auctions

Games for everyone

Sausage Sizzle

Bands & DJ + lots more

Lots of fun for the Family

FREE ENTRY!

Phone Amanda 0423636189 or

The Tin Hut on 49331077 for more info



Nutrition Snippet Lunchbox Snacks

Snacks are an important part of a healthy diet for active children. Kids have small stomachs and require small amounts of food more frequently than adults. Below are some simple and healthy snack ideas to include in your child's lunchbox, that won't come home uneaten:

- Plain air-popped popcorn (without salt or butter) mixed with sultanas and dried apple
- Small dried fruit snack packs
- Fresh fruit salad using seasonal fruits or a small tub of diced fruit in natural juice
- Wholegrain rice crackers with avocado and tomato
- A small snap lock bag of veggies; include cherry tomatoes, capsicum, carrot and celery sticks
- On warmer days, pack frozen fruits such as grapes, orange quarters or strawberries

For more information about the *Eat It To Beat It* program please visit www.cancercouncil.org.au/eatittobeatit or phone 4923 0710.



Home Business or Stay at home Mum

Would you like to work from home?

Cupcake/Cake Business available

Go to www.angelfoods.net for a free Info

Pack or ring Rebekah on

0458 089902.

