



Our mission is to provide children with...

- a love of learning
- a pride in achievement
- a respect for themselves and others

...in a safe and happy environment

Ph: 4932 8477 Fax: 4932 4475 Email: telarah-p.school@det.nsw.edu.au Online: www.telarah-p.schools.nsw.edu.au

PSP Surveys

Priority School Surveys went home either yesterday or today with the youngest student in each family. Please ensure they are filled out and returned to us in the sealed envelope provided. The letter that accompanied the survey had some great information about the survey and will support you to fill it out. If you have any questions or would like any support please come and see the staff in the office at the school and we will be more than happy to help.

Early Arrivals to School

Supervision at our school begins at 8.40am. This is 30 minutes before the morning bell and is in accordance with Department of Education and Communities Policy. A concerning trend has begun with many students arriving at school before the school bell goes at 8.40am.

Whilst we understand parents need to go to work and we have a system where students who arrive early can sit under the COLA between the hall and the canteen and wait as there are many teachers on site however parents do this under the knowledge that there will be no direct supervision until 8.40am. Indirect supervision is provided as teachers move in and out of the administration area. It is meant to cater for a small number of students not a large number. These students need to be aware that if there is a problem they need to head to the office to seek assistance.

It is not appropriate, under any circumstance for students to be at school as early as 7.30am and should this continue to be an issue, we may seek advice from the Child Well Being Unit, the Department of Community Services Child Protection Unit and to have meetings with the families concerned to address the issue.

The Maitland Baptist Church provides a Before School Hours Care service, their phone number is (02) 4939 1840.

Regards
Tony Gadd

Eftpos

We now have an Eftpos machine at the school office which can be used for paying school excursions, fees etc. Please note that we are not able to give any cash out when using the Eftpos machine.

School Photographs

On Friday 30 March and Monday 2 April our school will be having school photographs taken. Students will receive their photograph envelopes closer to the date but prices are as follows:

Premium Pack	\$36.00
Value Pack	\$32.00
Basic Pack	\$29.00
Portrait Only	\$21.00
Group Only	\$20.00

Students are also able to have family photographs taken. Please see the office for an envelope closer to the date.

2012 Calendar

Thursday 8 March	Wrap Free Lunch Day
Friday 9 March	Clean Up Australia
Tuesday 13 March	P&C AGM Meeting
Wednesday 14 March	Come & Try Netball
Friday 16 March	Yr 6 Expression of Interest Due
Saturday 17 March	Family Portrait Day
Tuesday 20 March	School Disco
Friday 30 March	School Photos
Monday 2 April	School Photos

Come and Try Netball Day

Our Come and Try Netball Day has been re-scheduled to Wednesday 14 March at Maitland Park Netball Courts. Students will leave school at 9.10am and return before the end of school.

Student Asthma Record

Please find attached to this week's newsletter a Student Asthma Record. If your child suffers from asthma, can parents please complete the form and return to the office as soon as possible. Parents are also able to get a Asthma Plan from their Doctor.

Year 5 Camp

Students in Year 5 will be attending the Aussie Bush Camp from Tuesday 26 June to Friday 29 June. The total cost for the camp is \$291.50 which covers transport to and from the camp as well as all meals and cabin accommodation. A deposit of \$50 must be paid to the office by Friday 23 March to secure your child's place for the camp. If you have any questions regarding the arrangements or payment for the camp please see Mrs Keith or Mr Gadd.

Thank You Highway Ford

We would like to thank Highway Ford for their generous contribution of \$200 to our school. This donation was made possible as every time a new car is purchased, the buyer gets the opportunity to donate \$100 to a local school or charity. Once again thank you Highway Ford!

Thank You View Club

We would like to thank Maitland View Club for their generous contribution of books and stationery to our school. These resources will go towards helping our children in their classroom. Thank you Maitland View Club!

Wrap Free Lunch Day – 8 March

On Thursday we are asking parents to prepare a wrap free lunch for students to bring to school. By packing lunch in reusable, safe, colourful lunch boxes. By avoiding pre-packaged foods, plastic bags, disposable drinks and food wrapped in cling wrap or foil and substituting it with washable and reusable containers, litter free lunches are often more healthier and you can insure that your child is eating fresh food instead of 'gimmicky' snack foods. By packing your child a wrap free lunch you will be contributing to reducing 11.5 tons of plastic bags, 2 million tons of plastic cling wrap and all the plastic drink bottles which take 1000 years to breakdown and which go into landfill each year.

Clean Up Australia Day – 9 March

Our school will be conducted on Friday 9 March. Students will clean up around the school grounds and footpath areas. All children are encouraged to bring a pair of gloves from home. Last year 565,510 volunteers helped the Clean Up Australia campaign clean up 16,454 tonnes of rubbish at 7,479 sites across the country.

Student Emergency Contact Form

All students have received a Student Emergency Contact Form for parents to check that we have the correct contact information for your child. This information is very important in the event we have to contact you for an emergency or if your child is sick. Could parents please sign the form and return to the front office as soon as possible.

Comprehensive Permission Note

All students have received a yellow Comprehensive Permission Note. Could parents please complete the form and return to the front office as soon as possible.

Year 7 2013 Expression of Interest

All students in Year 6 are required to complete an Expression of Interest form for High School for 2013. This form will indicate which school you would like your child to attend for High School next year. All students in Year 6 should have received their Expression of Interest. All forms need to be returned to the office by Friday 16 March. Please see your child's class teacher if you have any questions.

Year 7 2013 – Maitland Grossmann High School

The first day Year 6 Orientation Day for students who will be attending Year 7 at Maitland Grossmann High School in 2013 will be held on Tuesday 11 September from 9.15am – 2.40pm. A BBQ lunch will be provided but students will need to bring Morning Tea.

The second day, an important day of testing will be held on Tuesday 13 November from 9.15am – 1.00pm. On this day all Year 6 students, who will be attending Year 7 at Maitland Grossmann High School in 2013 will undertake literacy and numeracy tests. It is important that all students attend this day as test results will provide important information to allow for appropriate class placement. Please remember to bring food and drink for morning tea.

As part of the Orientation Program a meeting will be held on Tuesday 13 November at 6.30pm in the school hall for parents and caregivers. The evening is designed to give you an insight into the philosophy of the school and the special activities available for your children. The proposed program for the evening will include displays of summer, winter and PE uniforms for both

boys and girls. The function of the Prefects, the Student Representative Council, The Support Groups, P&C and Canteen Committees will be explained. The Uniform Shop will be open for purchases and the office staff will be available to sell Book Packs and take payments for Year 7 2013 fees.

Facebook

The school has a Facebook page that we will be posting updates, news and events on. If you wish to receive these please search for Telarah Public School and "Like" us! The up to date authentic page is the one with the green school logo.

Emails

Parents are also able to have copies of newsletters and notes emailed. If you would like to take advantage of this please contact the office.

Headlice

Remember Monday night is Nit Night where we ask parents to please check their child's hair and treat if necessary.

P&C AGM

At our February P and C meeting we were unable to formally hold the AGM due to the Audited Financial Statement not being available. The AGM will now be held on 13th March at 7pm in the Old Library. It was great to have some new members join and offer their insights, suggestions and energy to the group. I have heard rumours they may be bringing some friends next time and look forward to welcoming more members in March.

P&C School Disco

On Tuesday 20 March the P&C will be holding a school disco.

Pre-school to Year 2 students will be from 4.30 – 6.00pm.

Year 3 to Year 6 students will be from 6.00 – 7.30pm.



Please be reminded that Bank@School continues each Thursday at the school. Students can make their deposits by placing their passbooks in the secured school banking box at the School Office. At the allocated time a Mutual representative will arrive to process transactions. Any students not currently enrolled in Bank@School should see the office for an application.

International Management Systems P/L
Trading as
MOBILITY ENGINEERING
Unit 4/45 Salisbury Road
Hornsby NSW 2077.
Tel: 02 9482 4572
Fax: 02 9482 4571
E-mail: ali@mobilityengineering.com.au
Postal: PO Box 290,
Turramurra NSW 2074.

TRAINING NOTICE

To Whom It May Concern;

We are writing to advise that Mobility Engineering will be running the following course which is available for all who wish to attend. On completion of this course you will receive a certificate to add to your port-folio.

The details of the course are:

COURSE NAME: SELECTION AND INSTALLATION OF CHILD RESTRAINTS

DATE(S): WEDNESDAY, 9TH MAY 2012

START & END TIME: 9:30AM TO 2:30PM
(Please arrive at least 30 minutes before the start time as the course commences at 9:30am SHARP!)

PROVIDER: Ali Akbarian from Mobility Engineering

VENUE: MINDARIBBA LOCAL ABORIGINAL LAND COUNCIL
1A Chelmsford Dr
Metford NSW 2323

COST: **FREE** - The cost for attending this training program is covered by the RMS as a part of the road safety program. **A free lunch will also be provided!**

WHO SHOULD COME? Anyone who may need to install a child restraint. It is HIGHLY RECOMMENDED that any staff members involved in the transportation of children attend this course.

POSITIONS ARE LIMITED, PLEASE RSVP BY FRIDAY 27/04/2012 IF YOU WANT TO GUARANTEE A POSITION IN THE COURSE

Please don't hesitate to contact me if you require any more information

Ali Akbarian
General Manager

Doc Ref: TRAINING NOTICE: Mainland
Date: 24/02/2012
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P&C Dates to Remember

13 March	P&C AGM Meeting
17 March	Family Portrait Day
20 March	School Disco
7 May	P&C Meeting
11 May	Mothers Day Stall
6 June	School Disco
12 June	P&C Meeting
17 July	P&C Meeting
14 August	School Disco
14 August	P&C Meeting
31 August	Fathers Day Stall
11 September	P&C Meeting
9 October	P&C Meeting
6 November	School Disco
13 November	P&C Meeting
11 December	P&C Meeting
12 February 2013	P&C AGM Meeting

Please note that all P&C Meetings are held at 7.00pm in the old library.

First Craft night for Term 1 6 Feb 2012



Junior Craft Club
Monday Nights
4.30 – 6.00 pm
For children 8 – 14 years

St Christopher's Church Hall
92 Gillies St, Rutherford
\$3.00 per night.
All materials & afternoon tea
supplied.

For more information
4932 8604

First Chess night for Term 1 8 Feb 2012



St Christopher's Chess Club

When: Wednesday Nights
Time: 7.00 pm – 8.30 pm
Where: St Christopher's
Church Hall
92 Gillies Street
Rutherford
Cost: \$3.00

Beginners to experienced...
From 8 – 18 years...
All players welcome!

A group of the Anglican Parish of Telarah-Rutherford

For more information
Contact Janice Fleming
4932 4336 or 0402 239 813

Ladies! Are you on the weight loss treadmill?

**If you're walking or working out
but not losing weight, here are
some reasons why.**

Exercise is essential for good health but
ineffective for weight loss without the right
changes in your diet. The next problem is
most diets don't work because they take
a one-size-fits-all approach; they're not
personalised to the individual, not based
upon real foods, are boring and don't have
the right type of support to help you stick
with it and get great results.

Over 8,000 women have lost over 120,000 kg
on Healthy Inspirations' programs.

Don't stop walking. Just come
and see how our programs
can help you get the body
you deserve.

Book a
FREE
35 minute
introduction



"I found the support
I needed!" -Hanna

**Healthy
Inspirations**

15-17 Church St, Maitland
Call 4934 3877

HealthyInspirations.com.au

Nutrition Snippet Vegies for Breakfast? Your Kidding!



A good breakfast is especially important for kids
because it can improve energy levels, alertness and
concentration. Many people would not think of
breakfast as a time to squeeze in some extra vegies
but the following ideas provide a solid meal for
breakfast with 1-2 serves of vegies! They will also
help to warm the kids up on cold winter mornings!
Top tip: protein helps to fill kids up and gives them
sustained energy for concentration and alertness. In
the following examples, baked beans and eggs are
good sources of protein.

- Toast/muffin topped with cooked mushrooms,
tomatoes, baked beans, capsicum or creamed corn
- Chop and add left over vegies to an omelette or
savory pancake
- Heat chopped leftover vegetables and serve as a
topping for toast; add an egg or reduced-fat cheese
for a more substantial meal

These ideas were brought to you by *Eat It To Beat It*,
helping Hunter families eat more fruit & veg. For more
information visit [www.cancercouncil.com.au/](http://www.cancercouncil.com.au/eatittobeatit)
eatittobeatit or phone 49230710.



**Education
& Training**



**BOOROONGEN DJUGUN
COLLEGE**
RTO ID: 6673

FREE COURSES

Free courses through Distance Education for
Aboriginal and/or Torres Strait Islander peoples.

Business / Management Courses:

BSB20107 Certificate II in Business
BSB40807 Certificate IV in Frontline Management
BSB51107 Diploma of Management

Community & Health Services Courses:

CHC30308 Certificate III in Home and Community Care
CHC40208 Certificate IV in Home and Community Care
CHC30208 Certificate III in Aged Care
CHC40108 Certificate IV in Aged Care
CHC40308 Certificate IV in Disability
HLT33207 Certificate III in Aboriginal and/or Torres Strait Islander
Primary Health Care

No course fees! No Administration Charges!
No hidden costs! Offer ends 30 June 2012.

All courses offered as part-time studies.
Please Note: ABSTUDY approved courses. Contact ABSTUDY on 132 317 to check your eligibility.

For more information about this Special Offer contact Jaime or Sophie on:

Free call: 1800 630 230
Phone: 02 6560 2000
Fax: 02 6560 2002

Email: disted@booroongendjugun.com.au
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Website: www.booroongendjugun.com.au

