



TELARAH

PUBLIC SCHOOL



Raymond St
Telarah NSW 2320
Subscribe: <https://telarahps.schoolzineplus.com/subscribe>

Email: telarah-p.school@det.nsw.edu.au
Phone: 02 4932 8477
Fax: 02 4932 4475



20 June 2018

School Calendar

22 Jun	Beanie for Brain Cancer Fundraiser - Gold coin donation (Please wear a beanie) All day
27 Jun	Civic Theatre - 78 Storey Tree House - \$25 to be paid by Monday 25 June All day
29 Jun	Naidoc Week Celebrations 9:30 AM - 11:00 AM
2 Jul	School Photo Day All day

PRINCIPAL'S REPORT

Congratulations to our Star Struck students.

Thank you for your effort for rehearsals and the fantastic performances, we were very proud of how you represented our school.

Thank you so much to Mrs Harvey, Mrs Gardiner, Miss Craig, Lisa McLennan and Robyn Akhurst for your continual support and commitment, it is hugely appreciated.

We would also like to thank our parents for their early morning starts and late night finishes. It is a wonderful experience that the students will never forget.

Aimee Vincent
Principal



ADMINISTRATION NEWS

- SCHOOL PHOTO DAY**
Week 10 - Monday 2 July
Envelopes have been sent home with students.
Payments can be made online with MSP or cash in envelope - correct money only
All envelopes are to be handed to the photographers on the day.
- YEAR 5 CAMP – GREAT AUSSIE BUSH CAMP**
The Year 5 Camp payment will need to be finalised by Wednesday 27th June (Wk 9) at a total cost of \$368.50.
There will be no further payments taken after this date.
- YEAR 6 CANBERRA CAMP**
Regular payments can be made to help ease the cost.
- CIVIC THEATRE – 78 STOREY TREE HOUSE FOR STAGE 2 & 3**
\$25.00 due by Monday 25 June.
- LET THE MUSIC MOVE YOU – whole school music performance** \$5.00 due by Friday 22 June.

Bronwyn Middleton
School Administration Manager

Triple P – Positive Parenting Program®

Self-esteem

By Professor Matt Sanders

Children who have healthy self-esteem are likely to be happy, cooperative, and successful at school and make friends easily. They are fun people to be around because they are eager to learn and succeed, and because they cope with stress effectively.

However self-esteem doesn't come built-in at birth. As parents, it is important that we help our children develop a true sense of their own strengths and weaknesses.

Children who receive plenty of praise and encouragement feel good about themselves. A child who believes their parents have confidence in them by allowing them to do certain things by themselves will learn confidence. Telling your child you love them and spending time with them will help your child feel valued and cared for.

It is important also to encourage children to follow a healthy lifestyle. Regular exercise and good grooming habits help children develop a positive image of themselves. And when your child achieves at something you can let them know that they should feel good about such accomplishments — it is okay to be different and be good at different things.

Parenting Tip: Laughter really is a great medicine. Children who feel good about themselves laugh spontaneously, develop a sense of humour and learn to tell funny stories. Encourage your child to laugh by listening to their stories, playing games and having fun together.

Professor Matt Sanders is founder of the Triple P – Positive Parenting Program®. For more information go to the website or contact Emma Martyn, School Counsellor.

<http://www.triplep-parenting.net>

STEPHANIE ALEXANDER KITCHEN AND GARDEN PROGRAM

Please see the timetable for term 2 below.

Even Weeks

3/4K and 3J Girls - 21st June

4T & 5/6R - 22nd June

Odd Weeks

4/5C and 3J boys - 28th June

3M & 5H - 29th June

NAIDOC WEEK CELEBRATIONS

All families are invited to attend our NAIDOC Week Celebrations on Friday 29th June. We will start by having a whole-school assembly where we will be treated to a Smoking Ceremony and a Didgeridoo Performance. Following the assembly, we

invite parents to enjoy a morning tea before visiting their child's classroom to assist with a literacy activity.

The morning will look like this:

9:30am – Whole-school assembly in the hall.

10am – Morning tea/fruit break in the canteen area

10:20am until 11am – Class visits

We hope to see you there!

Sara Johnston

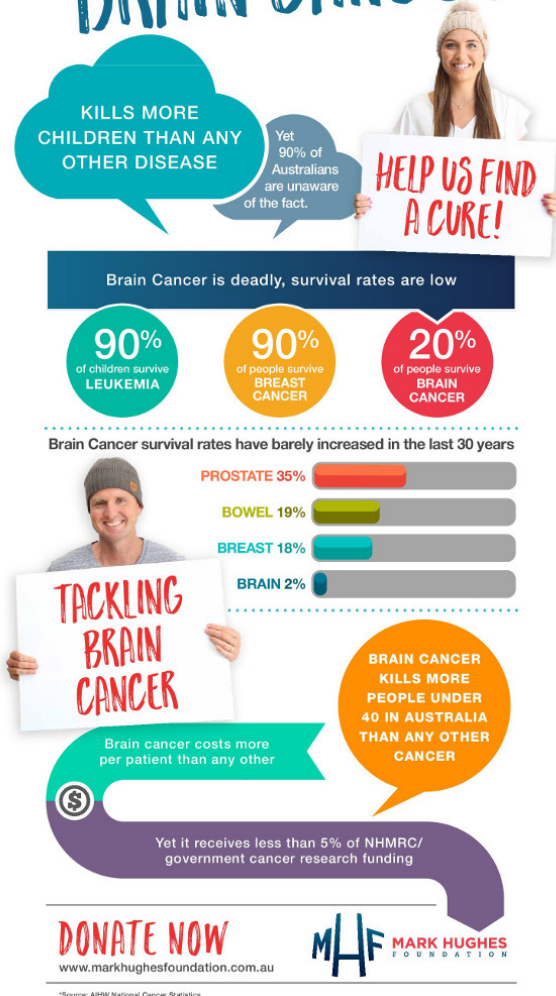
Assistant Principal S3

BEANIE FOR BRAIN CANCER FUNDRAISER

On Friday 22nd June – please wear a beanie for the Mark Hughes beanie for brain cancer fundraiser with a gold coin donation.



BRAIN CANCER



THANK YOU

We would like to give a huge thank you to Baker's Delight Rutherford for their weekly donations of bread to our Breakfast club. We really appreciate you giving back to the community.

Luke Woods
Teacher

LIBRARY NEWS

Great Book Swap

During the schools NAIDOC week celebrations we will hold a 'Great Book Swap' to help raise funds for the Indigenous Literacy Foundation. Students are asked to bring in any old, unwanted books that are still in good condition and then swap a gold coin for a few books.

This is a great way to clean out the book shelves of unwanted books and let them be enjoyed by others.

Any books can be left with Miss Craig in the library.

Miss Craig
Librarian

P&C NEWS

Parking update – YELLOW LINES

You may have noticed unbroken yellow kerb lines have been painted by the Council around our school (Raymond, Lismore and Russell Streets). These lines mean NO STOPPING and indicate areas that need to be kept clear so that drivers and pedestrians have a clear view of each other.

If there is a yellow line in the kerb, please park elsewhere – the safety of the kids and families in our community needs to be everyone's priority.



* Activities to look forward to!*

Billy G Cookie Dough Fundraiser – the P&C will be running a Cookie Dough drive– order forms will come home at the beginning of Term 3. We are continuing to raise funds for a COLA outside of the kindy rooms that will be hugely beneficial to our whole school community.

Online Payments – Exciting news! The P&C are working towards establishing online ordering options for the Canteen and our events. We will keep everyone updated on the progress.

Tuesday 14 August – P&C Monthly Meeting at 5:30pm in the staffroom. All welcome! Meetings are relaxed, friendly and last about an hour.

As always, if you have an issue you would like raised or have feedback or questions about anything the P&C are working on, please email us at telarahpandc@gmail.com or contact Kelly on 0438 403 341.

CANTEEN NEWS

CANTEEN CLOSED EVERY TUESDAY

There have been some changes to the menu recently to help our Canteen to fully transition to the NSW Healthy School Canteen Strategy, most notably; Chill J drinks have now replaced Quench drinks. Any major changes will be in the newsletter and you can download the menu from Schoolzine or the school's website. If you have any questions or issues, please come and have a chat to Sabrina in the Canteen.

June Lunch Specials - Yum!!!!

Pumpkin Soup - \$2
add Garlic bread for extra \$1

Grilled Chicken Burger - \$5
with salad and aioli

Spaghetti Bolognaise - \$4
add Garlic bread for extra \$1

COMMUNITY NEWS

HEY GIRLS!

Girls of **ALL AGES** are invited to attend a basketball session followed by a pamper parlour, ahead of the Division One Women's game. There will be loads of fun, photos and music! **FREE** entry for all participants!

30TH JUNE, 2PM

REGISTER BY 15TH JUNE

To register, please call the stadium on **(02) 4934 3503** or visit us at **10 Bent St, Maitland**. Shirts will be available for **\$25 each** - *Pre-Order is necessary.*



I AM A
GIRL
I CAN DO
ANYTHING



Good for Kids good for life

TARNAMBAI

Tarnambai is a Traditional Indigenous Game. Tarnambai means 'running' in the language used in the Batavia area of north Queensland.

How to play:

Players roll a tennis ball away from their partners, who sprint after it, pick it up on the run after it crosses a line 20 metres away, and return to the starting line. Time the attempts, hold a team relay, or use this as a tabloid event in small groups (two to four players) with a set time (2-3 minutes).

Check out the Yulunga Traditional Indigenous Games resource book online to see more fun games for the family to enjoy and to learn more about Aboriginal culture.



Source: Yulunga Traditional Indigenous Games 2009



Health
Hunter New England
Local Health District

PHONE 4924 6499

RUTHERFORD MECHANICAL REPAIRS

ALL MECHANICAL REPAIRS

- Fuel Injection · LPG Servicing
- Pink & Blue Slips
- Manufactures Handbook Services
- MVR License Number 23961



Call **DAVID** on **49325 982**

27 JOHN STREET, RUTHERFORD

*Just Off Hwy Opposite
Telarah Railway Station.*