



# TELARAH

## PUBLIC SCHOOL



Raymond St  
Telarah NSW 2320  
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4 July 2018

## School Calendar

3 Jul

Great Aussie Bush Camp Yr 5  
03 Jul 2018 - 06 Jul 2018

## PRINCIPAL'S REPORT

### Staffing Update – Congratulations to our Permanently Appointed Executive

We have successfully filled the relieving Assistant Principal roles permanently through the merit selection process. We are very pleased to have the following Assistant Principals permanently appointed. They each bring outstanding leadership, knowledge and commitment to the role – congratulations!

**Assistant Principal - Preschool/Kinder/LST:** Cathy Banister

**Assistant Principal - Stage 1:** Kate Slaven

**Assistant Principal - Stage 3:** Sara Johnston

**Assistant Principal - Support Classes P-6:** Jackie Smith

### Parking – P&C and Council

Thank you to P&C President Kelly Ackers for her work with local council in continuing to address parking and traffic conditions around the school. Council have now identified areas with yellow lines where there is no stopping and must be kept clear around intersections for Raymond, Lismore and Russell Streets. Please take care to follow all road rules and keep our kids safe.

### Thank you

We have had a wonderful term; thank you to all our students, staff, families and the community for your positive engagement and support. I hope everyone enjoys a lovely holiday break and gets a chance to relax and have some quality time with family and friends.

Students return for Term 3 on **Tuesday 24 July**.

**Aimee Vincent**  
**Principal**

## ADMINISTRATION NEWS

### YEAR 6 CANBERRA EXCURSION

Please ensure regular payments are made to help ease the cost.

**Bronwyn Middleton**

**School Administration Manager**

### STEPHANIE ALEXANDER KITCHEN AND GARDEN PROGRAM



This beautiful produce was taken from our vegetable garden and included in the Fresh Food boxes now being sold at the Earth markets in Maitland on the first and third Thursday of the month. This produce earned us \$32 which will be spent on seeds and fertiliser to keep the garden producing. Thanks to Slow Food Hunter Valley for inviting us to contribute to these food boxes.

### Worm Farm

Thank you to Fiona Rowan from Maitland City Council who is organising the delivery of a free worm farm complete with worms to school this week. We will have plenty of delicious fruit scraps to keep them happy. Thank you for your ongoing support Maitland City Council.

## TOUCH FOOTBALL

The boys and girls touch football teams recently travelled to East Maitland to contest rounds of the NSW PSSA Touch Football Knockout competition.

The girls' team did very well but couldn't match it with the defence of East Maitland and went down narrowly.

The boys' team then played a tough East Maitland Public School side but our defence and disciplined play saw us win very comfortably in the end.

Congratulations both teams and thank you to all the parents and families that turned out to watch us play and helped with transport to and from the venue.

**Phil Tilden**  
**Sports Organiser**

## QUICKSMART

Congratulations to the students who have recently graduated from the Quicksmart program.



All students' did a fantastic job and improved their quick recall of mathematics facts and gained Automaticity.

Well done to the following students who received a medal for their outstanding effort.

Dean  
Nicole  
Keenan  
Jack  
Jemma  
Shanae  
Angus  
Saskia

We would also like to congratulate Dean & Nicole who received an honour mention on our Quicksmart shield.

**The Quicksmart Team**  
**Phil Tilden, Ash Rees, Liza Kelly, Lisa McLennan**



## Triple P – Positive Parenting Program®

### Single Parenting

By Professor Matt Sanders

Single parents often say they feel it's more difficult to discipline a child without a partner's support. But it's very important to approach discipline in exactly the same way as if you were parenting with someone else.

It's vital to have a game plan and be consistent. That means setting house rules that don't fluctuate.

It may surprise some people to know that children like boundaries. Kids very easily become comfortable with the familiarity of a routine at bedtime, at mealtimes or when it's time to get out of the house in the morning. Positive and predictable routines mean discipline will become much easier. Life won't have to be full of big battles over little issues!

Another worry many single parents express is the lack of a significant male or female influence in the household. Mothers may feel this more keenly when they're raising a son alone, as many fathers do when they're raising a daughter.

It's always important to encourage your child to have role models and mentors. Role models can show children how to behave, and what is the appropriate thing to do.

So, single parents may want to look for opportunities for their children to get to know and have other men or women in their life. It could be a grandparent, an aunt or uncle, a trusted family friend or a sports coach. Having someone who will serve a mentoring role throughout the child's life can be a great example to – and support for – the child.

**Professor Matt Sanders is founder of the Triple P – Positive Parenting Program®. For more information go to the link below or contact Emma Martyn, School Counsellor.**

<https://www.triplep-parenting.net.au/qld-ukn/triple-p/?cdsi=d=01n4cfq2nlqn1ktpjgmihfohu6>

### THANK YOU

Thank you to K & M Mechanical Repairs for the ongoing support for the Stephanie Alexander Kitchen & Garden Program and Breakfast Club. Your generous donation is greatly appreciated.



### P&C NEWS

This fortnight's road safety focus is **DOUBLE PARKING**. A driver must not stop on a road between the centre of the road and another vehicle that is parked at the side of the road.

Double parking anywhere is extremely reckless and dangerous. Of particular concern at Telarah Public School is the area near the main entrance/staff car park on Lismore Avenue. The only spots to drop or pick up children in this immediate area are the two 10 minute car parks. Stopping next to these parks in front of the gates:

- blocks and restricts pedestrians' views on the pathway
- limits access to the car park for approved vehicles

- impedes traffic, including buses who need to get in or out of Lismore Avenue
- prevents families who have parked correctly from leaving
- puts the safety of your children at risk as they enter or leave your car parked on the road

Please consider the safety of everyone in our community when you are dropping off or picking up children from our school.

A reminder that unbroken yellow kerb lines that have been painted by the Council around our school (Raymond, Lismore and Russell Streets) mean NO STOPPING – if there's a yellow line, you need to find a safer place to park.

A friendly reminder to students to please line up in their class lines (unless one window is closed) and remain behind the yellow line, coming up to the window two at a time.



**\* Activities to look forward to!\***

Billy G Cookie Dough Fundraiser – the P&C will be running a Cookie Dough drive– order forms will come home at the beginning of Term 3. We are continuing to raise funds for a COLA outside of the kindy rooms that will be hugely beneficial to our whole school community.

**Online Payments** – Exciting news! The P&C will be establishing online ordering in Term 3 for the Canteen and our events. We will keep everyone updated on the start date.

**P&C Monthly Meeting** - Tuesday 14 August at 5:30pm in the staffroom. All welcome! Meetings are relaxed, friendly and last about an hour.

As always, if you have an issue you would like raised or have feedback or questions about anything the P&C are working on, please email us at [telarahpandc@gmail.com](mailto:telarahpandc@gmail.com) or contact Kelly on 0438 403 341.

**\*July Lunch Specials\***

## Wedges

\$3.00

+ cheese & bacon for extra  
\$1.00

## Butter Chicken

\$4.50

Served with rice

## Chicken Caesar Salad/Wrap

\$6.00

## JULY SCHOOL HOLIDAY PROGRAM

### Evolving Wetlands – Dinosaur Exhibition

Hunter Wetlands Centre brings the past to life with Evolving Wetlands, an interactive exhibition showcasing a unique collection of dinosaur fossils and replicas.

The exhibition will be open to the public from 9.30am to 1.30pm daily. Young dino fans can also try Dinocraft, go Dino spotting and check out our resident reptiles.

Special dinosaur-themed meals available at the wetlands café.

More details at: [www.wetlands.org.au](http://www.wetlands.org.au)  
 Entry: **adults \$8; children (3 to 12 years): \$5**  
 (incl entry to exhibition & Wetlands); under 3 free

### DinoDay Tours

Dinosaur fans aged 7-12 years book in for:

- Exhibition tour and talk with palaeontology expert
- Dinocraft
- Dino Dung (seed bombs to take home) making
- Dino Spotting on a guided tour
- Reptile Encounter

When: **Wednesday 11th, Tuesday 17th & Thursday 19th July**  
 Time: **9.30am – 12.30pm**  
 Cost: **\$20 per child**

**Booking essential**

Book online:  
[wetlands.org.au/dino-day-tours/](http://wetlands.org.au/dino-day-tours/)  
 or phone the Hunter Wetlands Centre:  
**4951 6466**




## NAIDOC WEEK AT OUR HOUSE

Tuesday July 10, 2018  
 10 am – 2 pm  
 Parliament of NSW

Join us for a fun day filled with activities for the whole family including: **Didge & Dance**, **Aboriginal Art & Crafts**, **Wiradjuri Language Workshops** and **Storytelling**. Join us for the whole event or just drop in for a little while.

**Sausage sizzle on the day!**  
 (\$3 per sausage sandwich)



This event is organised by the NSW AECG Inc.  
 in association with Parliamentary Education

**Bookings not essential**  
 For more information:  
 Phone: (02) 9230 2047  
 Email: [dps.education@parliament.nsw.gov.au](mailto:dps.education@parliament.nsw.gov.au)  
[www.parliament.nsw.gov.au](http://www.parliament.nsw.gov.au)  
 Parliament of New South Wales,  
 6 Macquarie Street, Sydney

**FREE FUN ACTIVITIES  
ALL WELCOME!**



## Lower Hunter NAIDOC Mixed Touch Tournament 2018



# Coquun Cup

**Tuesday 10th July 2018**

Time: 10:30am pre-registrations (11:30am Kickoff)

Place: **BLACKHILL, MAITLAND PARK**

Free BBQ Lunch Provided

### Family Fun activities

#### Information

Final draw will be generated when team nominations are finalised. This is a youth focused event.

- Teams will be 6 per side (with minimum of 2 female). Squads max 12 players. 11 years old + (Family Teams welcome)
- Teams should be mixed teams with at least 2 females on the field at any one time.
- Teams need to be registered before 30 June 2018. All teams are required to complete registration forms before playing.
- To register your team please fill out attached form.
- If you would like to Referee for the Touch day please contact Kareela at Mindaribba.
- Please contact Samantha or Kareela for further information on 02 49996200 or 02 4015 7000



Organised by;



Justice  
Juvenile Justice



## MINDARIBBA NAIDOC FAMILY FUN DAY 2018

Date: Thursday 12th July  
 Venue: Metford Recreational Reserve,  
 77 Schanck Drive, Metford  
 Time: 10:30am - 2:30pm




**Stall Holders**

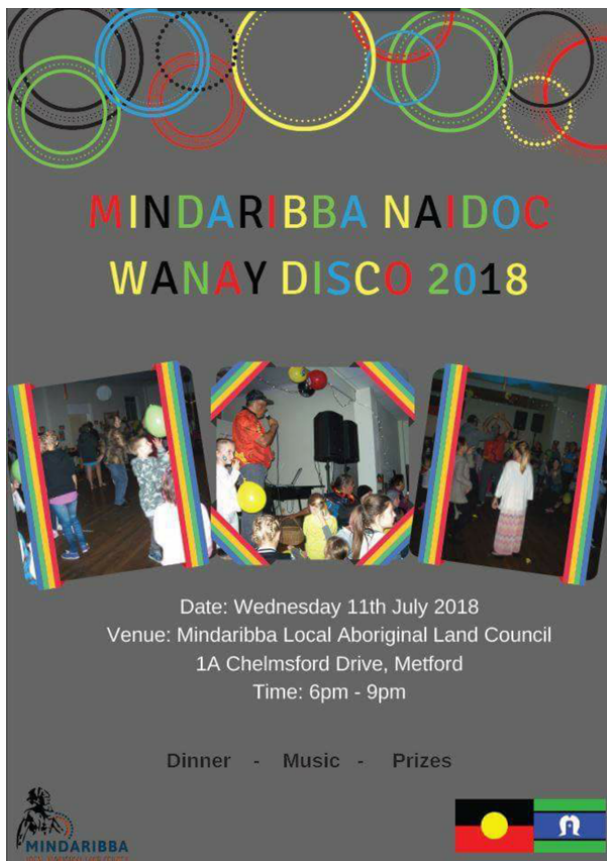
Rides  
Face Painting  
Interactive Activities

**Lunch**


Entertainment  
Arts & Craft  
Dance

**& More**




**MINDARIBBA NAIDOC  
WANAY DISCO 2018**



Date: Wednesday 11th July 2018  
Venue: Mindaribba Local Aboriginal Land Council  
1A Chelmsford Drive, Metford  
Time: 6pm - 9pm

Dinner - Music - Prizes



**Newcastle NAIDOC  
Community Day 2018**  
Monday 9 July  
*'Because of Her, We Can!'*



Justice Crew • Street Warriors • Black Fulla Got Talent  
Sharnee Fenwick • NU Roads

Celebrating the invaluable contributions that Aboriginal and Torres Strait Islander women have made – and continue to make to our communities, our families, our rich history and to our nation.

<b>Meet 9:30am at Civic Park</b> <ul style="list-style-type: none"> <li>Flag raising</li> <li>NAIDOC Week opening</li> <li>March</li> </ul>	<b>10:30am to 2:30pm Newcastle Foreshore</b> <ul style="list-style-type: none"> <li>Community festival</li> <li>Market stalls</li> <li>Food &amp; culture</li> <li>Kids amusements</li> <li>Music &amp; entertainment</li> </ul>
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For more information contact Toni Johnston on 0429 235 719

On behalf of Awabakal we would like to acknowledge the support of



## Good for Kids good for life

### EDIBLE GARDENS

Vegetable and herb gardens are a fantastic way to get the kids interested in vegetables. And even better, they help you to save money on the groceries. Here are some tips to get you started:

- Choose a sunny spot in your garden close to a water source
- To save time purchase a raised garden bed from your local hardware store or to save money simply build your own with treated pine.
- Do a little bit of research as to what vegetables are in season to get the best results
- To save money on fertilisers you can make your own compost from vegetable scraps in the kitchen
- Get the kids involved and have fun!



PHONE 4924 6499