



# TELARAH

## PUBLIC SCHOOL



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18 December 2019

## School Calendar

18 Dec	Last day for all students for Term 4 2019 All day
	Year 6 Bell Ringing/Clap out 3:00 PM - 3:10 PM

## PRINCIPAL'S REPORT

### Term 1 2020 - Save the Date for 'What's On?'

Here are key dates for the start of Term 1 2020.

We will be sending home our full 'What's On?' for each stage early in the term.

Term 1	Event	Date
Wk 1	Staff return to school: Staff Development Day	Tuesday 28 January
	Students Yrs 1 - 6 return to school On the first day students will return to their 2019 classes. During the day our classes for 2020 will be formed. Parents and families are asked to meet their children in their 2020 Stage lines area in the afternoon so they can meet the teacher and visit their classroom. Stage 1 Area - Yr 1&2: O Block (South Playground) Stage 2 Area - Yr	Wednesday 29 January

Term 1	Event	Date
	3&4: Canteen area Stage 3 Area - Yr 5&6: North / Top playground	
	Kindergarten Best Start Assessment	Individual times given
	Preschool Interviews	Individual times given
Wk 2	Kindergarten First Day of School Kinder students will start at their allocated time during the morning.	Monday 3 February
	Preschool White Group start preschool	Wednesday 5 February
	Preschool Green Group start preschool	Thursday 6 February

Have a wonderful break and we are looking forward to seeing you all in 2020!

**Aimee Vincent**  
**Principal**

## ADMINISTRATION NEWS

Please be advised we are unable to facilitate early collection of Student's between

3.00pm - 3.10pm unless the school has been notified in advance by phone or note.

Also a reminder if you have given permission for someone else to collect your child the **school office must be notified.**

**Excursion - Reminder** that all **payments** must be received 2 days prior to an event occurring due to the administration that is required for an excursion to take place.

**Bronwyn Middleton**  
**School Administration Manager**

## PRESCHOOL NEWS

The Preschool children did an amazing job at the Preschool Christmas Concert this year singing their little hearts out and dancing 'The Git Up' where all the families joined the children on the stage. They also made a lot of the adults tear up with their rendition of "Shine Your Light" with accompanying sign language.

What a lovely year we have had in the Preschool in 2019 and we would like to say a big thankyou from the Preschool staff to children, families and carers for your participation in the Preschool program and allowing your children the opportunity to have a fantastic year before beginning school. A big shout out to the Preschool staff who do a fantastic job nurturing and providing learning opportunities to all children every single day.

**Mrs Banister**  
**Assistant Principal Preschool & Early Stage 1**



## KINDERGARTEN NEWS

Kindergarten have had a fantastic end of year with our excursion to Speers Point Park and Hunter Sports Centre. The children had a great day and enjoyed climbing, swinging, balancing, jumping, rolling on all the play equipment and then at the gym session. We have also had our Kindergarten Graduation and class Christmas parties. A big thankyou to all the families and carers who have joined Kindergarten this year at the school for events and classroom volunteering and those that have joined us on our excursions. I would like to also say thank you to our teachers Miss Whatnall, Mrs Barnes, Mrs Haley and Mrs Twining as well as our wonderful SLSO's Schontel and Mel for always putting the children first and providing a wonderful first year of school for them.

**Mrs Banister**  
**Assistant Principal Preschool & Early Stage 1**



## P&C NEWS

### 2020 AGM Countdown (March 10) - 2 meetings to go!

Only 2 meetings before our next Annual General Meeting (Dec 2019, Feb 2020). The current executive are at the end of their three year terms - **we need new people to get involved to keep our P&C active.**

### Christmas Carols Under the C.O.L.A - Thank you!

We didn't get to say our thank you on the night so please consider this a public acknowledgement of all of the people who came along and supported our event. A special thanks to all of the teachers who gave up their own time to help out.

## Events for your Calendar

**February P&C Meeting      Tuesday 11 February 5:30pm**

Our first meeting of the year! Everyone is welcome - meetings are in the staffroom and last around an hour. Please consider joining in to hear the latest about what's happening at the school.

**2020 AGM      Tuesday 10 March 5:30pm**

Our Annual General Meeting, where a new Executive (President, Vice-President, Treasurer and Secretary) **need** to be elected. Please contact us for more information about what these roles involve. If you have an issue about our school you would like raised or have feedback or questions about anything to do with the P&C, please email us at [telarahpandc@gmail.com](mailto:telarahpandc@gmail.com) or contact Kelly (current P&C President) on 0438 403 341. You can usually find Kelly near

O Block in the mornings and afternoons or in the canteen on Fridays.

Our current fundraising goal is play/exercise equipment for the bottom playground.

## Canteen News



Thank you to everyone who has supported our canteen this year - we have broken order records quite a few times! A big thanks to our very small but enthusiastic group of volunteers who help prepare amazing fresh food and make sure our kids and staff are

fed.

Thanks to all of our families and staff who have made the transition to online ordering - not only does it help you but it really helps the canteen staff too. If you haven't made the switch, please consider signing up for 2020. You can order lunches without having to find cash and line up in the morning. Cut off time is 10am.

<http://www.flexischools.com.au/>

## Volunteers REALLY needed for 2020

If you are available to help support the canteen, please pop in and let Sabrina know. Flexible shifts available. Once a week, once a fortnight, once a term - every little bit of assistance helps to keep our community-run school canteen operating. No experience needed - it's a friendly, supportive and fun environment.

## Menu

You can find the canteen menu on Flexischools, the SchoolZine app, at the canteen or the front office.

## COMMUNITY NEWS

### JANUARY – Summer Stories

Stories are everywhere this summer, waiting to be discovered, devoured and written by you! Tales of bravery, adventure, love and sadness reside on the library shelves and online. Join the Summer Reading Club and sign up for the Summer Library Challenge, book into a free Holiday Fun activity or drop in any time to hunt for Macca the Alpaca, watch a movie, play a giant game, get your craft on or just chill out. You are the master of your own summer story, head to the link below to get started.

<http://www.maitlandlibrary.com.au/>



SunSmart Snippet

### The simplest way

... to apply sunscreen correctly.

Sunscreen protects against the damaging effects of the sun by reducing the amount of ultraviolet (UV) rays that reach the skin.



**Make sunscreen a habit:**

- Use SPF 30 or higher, broad spectrum water-resistant sunscreen
- Apply 20 minutes before going outside
- Re-apply every 2 hours (or after any activity that may remove it)

Sunscreen does not block UV radiation and no sunscreen provides 100% protection. Remember to use SunSmart hats, clothing, sunglasses and seek out shade.

To help keep your kids safe in the sun, check your schools SunSmart status by heading to [www.sunsmartnsw.com.au](http://www.sunsmartnsw.com.au)



Nutrition Snippet

### The simplest way

... to use spring vegetables.

Fruit and vegetables are tastiest and cheapest when they are in season.



During Spring, mandarins, pineapples, berries, asparagus, cucumber, green beans, zucchini, mushrooms and peas are all in season.

Here are some fruit and veg filled, spring ideas:

- [Green frittata](#)
- [Fattoush salad](#)
- [Moroccan lentil salad](#)
- [Tofu Korma](#)
- [Zucchini and turmeric salmon patties](#)
- [Healthy banana split pots](#)
- [Yoghurt rice pudding](#)
- [Frozen fruit puree](#)

[healthylunchbox.com.au](http://healthylunchbox.com.au)

# School Holiday Activities

## Free activities for primary school students at The Reserve Bank Museum

Students will receive an interactive presentation on banknote security features and get a closer look at the new \$20 banknote. They will also be taken on a guided journey through the Museum and learn about the history of Australia.

**Cost:**  
Free (Registration essential)

### Booking Information:

- Expressions of interest are now open for the Summer school holiday period.
- For further information, session times, and to register your child please visit the Museum website.
- Registrations will close on 10th January at 5.00 pm.



[museum.rba.gov.au](http://museum.rba.gov.au)

[museum@rba.gov.au](mailto:museum@rba.gov.au)

(02) 9551 9743

Ground Floor, 65 Martin Place,  
Sydney NSW 2000



RESERVE BANK OF AUSTRALIA

# SIXERS HOLIDAY PROGRAMS



Woolworths Cricket Blast INTRODUCTORY PROGRAM teaches boys and girls new skills in a Big Bash inspired fun and safe environment!! Blasters can choose a cricket or craft adventure during a 'Free Play Session'.



The Gers Holiday Camp is ideal for boy and girls playing JUNIOR FORMAT STAGE 1 with their local club. Players will be exposed to contemporary coaching activities lead by experienced coaches.

Date   Time	Suburb (Postcode)	Introductory Program (5-9 yrs.)	Junior Format Stage 1 (9-11 yrs.)
13 Jan 2020   9am-3pm	Lorn (2320)	\$80	\$100
14 Jan 2020   9am-3pm	New Lambton (2305)	\$80	\$100
15 Jan 2020   9am-3pm	Cameron Park (2285)	\$80	\$100
16/17 Jan 2020   9am-12pm	Ourimbah (2258)	\$99	\$100
20/21 Jan 2020   9am-12pm	Erina (2250)	\$99	\$100

### REGISTRATION INSTRUCTIONS

Introductory Program - [www.playcricket.com.au](http://www.playcricket.com.au)

Search for camp by: age filter and suburb (as listed above)

Look for Program title "Sydney Sixers Holiday Program"

Junior Format Stage 1 - [www.trybooking.com](http://www.trybooking.com)

Click Buy on the landing page and then search "Sydney Gers" and the suburb (as listed above)

